



## School Activity Visit information

Thanks for considering an activity program at Transition Extreme. The information below will hopefully answer any questions you may have. For more information please do not hesitate to contact: [info@Transition-Extreme.com](mailto:info@Transition-Extreme.com)

### Instructional Sessions

All climbing wall and skate park sessions are instructed by a fully trained member of our staff at a ratio of 1 instructor to a maximum of 6 children. Group leaders should be aware that in the event that a participant is required to leave an activity session they must provide a suitable adult to supervise that participant.

### Supervised only sessions

Transition Extreme also offers supervised only sessions in the skate park. These sessions are designed for groups of competent riders who have ridden the park before. No instruction is offered during these sessions but all groups using the park are supervised by appropriately trained members of staff. These sessions allow larger numbers from your group to use the park together. If using this programme we would recommend your entire group complete an under 16's registration form if they haven't already. Absolute beginners are not permitted in these sessions for safety reasons.

### Equipment

Transition Extreme provides all equipment and safety gear required for instructed groups. It is mandatory for a helmet to be worn at all times in the skate park and climbing wall when under instruction. It is the responsibility of the group leader/ teacher to ensure this is adhered to. Transition Extreme strongly recommends that all protective safety pads and helmets are worn in the skate park.

### Risk Assessments

Risk assessments for all our activities are available on request. Transition Extreme is a centre approved to provide its activities to both Aberdeen City and Aberdeenshire organisation and Schools. If you are from either of these organisations please notify the appropriate contact below prior to your visit. This will eliminate the need for you to source Risk Assessments yourself.

Aberdeen City Council  
Jonathan Kitchen – Adventure Aberdeen  
Email: [jkitching@aberdeencity.gov.uk](mailto:jkitching@aberdeencity.gov.uk) Tel: 01224 522000

Aberdeenshire Council  
Dave Horrocks - Adventure Scotland Ltd  
Tel: 01479 811411 [www.adventure-scotland.com](http://www.adventure-scotland.com)

### Accident Reporting

Transition Extreme record and analyse all accidents. Although every effort is made to ensure the safety of your groups, accidents still can happen. Please ensure you have read and agree to our participation statements for the climbing wall Skatepark and general Adventurous Activities (which can be found on the Multi Activity consent form). Transition Extreme can supply a copy of accident forms for the group leader to take with them.

### Parental Consent

It is the responsibility of the School and group leader to ensure all members of their group have the appropriate parental consent (completed by their legal parent or guardian) to take part in activities at Transition Extreme. All parental consent forms MUST be completed and given to Transition Extreme before any activity can take place. Those attending without a completed Transition Extreme Multi Activity parental consent form will not be allowed to participate in any activities. Transition Extreme's own registration and parental consent forms can be downloaded at <http://www.transition-extreme.com/docman>. Please note that participants that have attended Transition Extreme prior to your booking will still be required to complete a Multi Activity Consent form.

# TRANSITION EXTREME

>>> The Adrenaline Enterprise

## Group Supervision

Transition Extreme staff are responsible for the safe supervision and instruction of your group members in the Climbing Wall, Ropes Course and Skate Park. Transition Extreme do not provide staff to supervise groups out with instructed activities. These areas must be supervised by an appropriate adult from your group.

## Lunch

We recommend your group bring their own packed lunches. We have a café in the centre which has limited opening times and therefore may not be open at the time of your booking. As part of your programme our recreation area or another suitable room is reserved for your lunch period.

## What to wear

We recommend comfy sportswear which you don't mind getting dirty! Jewellery and watches should be taken off prior to taking part in activities. Transition cannot store personal belongings and only have limited lockers so would strongly recommend any valuable items be left at home. Transition Extreme accepts no liability for loss or damage to personal belongings and customers should take appropriate steps to secure their belongings.

Participants attending bookings utilising the outdoor activities (ropes course, developmental activities or outdoor climbing & abseil and dirt jumps) should bring/wear appropriate warm and waterproof clothing in case of bad weather.

## Terms and Conditions

All School Multi Activity bookings are subject to the relevant Terms and Conditions. Please take the time to read these as they contain important information regarding the booking, payment and alteration of bookings (including alterations due to bad weather).

## Transition Extreme Participation statement:

*"Adventurous activities involve an element of risk with a danger of personal injury or death. By completing a consent/participant form for activities provided by Transition Extreme you are aware of and accept these risks and will be responsible for your own actions and involvement. Transition Extreme will manage these risks but we can never completely remove them. You confirm that you are familiar with the nature of the activities you wish to undertake and acknowledge those risks that are inherent therein and that you may freely withdraw from any activity and there is no pressure to take part."*

## Climbing Wall Participation statement:

*"The Mountaineering Council of Scotland recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."*

## Skatepark & Dirt Jumps Participation statement:

*"There are risks and dangers associated with participation in skateboarding; BMX (or other bicycle) riding and inline skating which could result in bodily injury; partial and/or total disability; paralysis or death. Participants in these activities should be aware of and accept these risks and be responsible for their own involvement. Personal protective equipment may potentially lessen the severity of an injury and participants are recommended to use such equipment (helmets, pads etc.)."*

Group leader declaration of fact:

As group leader for \_\_\_\_\_ I hereby understand, accept and agree to abide by all the information above and included in the Terms & Conditions and have gained all necessary consent for participants.

Total number of participants: \_\_\_\_\_

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**TRANSITION**  
**EXTREME**

**>>> The Adrenaline Enterprise**

**TRANSITION**  
**EXTREME**

**>>> The Adrenaline Enterprise**