

## CLIMBING CENTRE

### Guidance to instructors visiting Transition Extreme

#### What we need from you:

- MLTB qualification certificate; CWA, SPA, MIA, MIC,
- Up to date relevant First Aid certificate,
- Insurance certificate from operating company.

We will keep these on file and check with relevant organisations if required.

#### Before your session:

Please make every effort to contact Transition Extreme in advance as we may have large groups/events on at that time or there may be group restrictions in place. We make every effort to keep the Climbing Centre accessible to everyone but in certain peak times large groups may not be able to gain access.

It is your responsibility to have any relevant parental consent, medical forms etc. completed.

All equipment can be hired for a reduced rate (helmets are free) but again, please contact us before hand as we utilise a lot of the equipment for our own groups and cannot guarantee to have sufficient equipment to kit out your group.

If you require certain space in the wall such as the abseil platform then please let us know as we can inform you whether we can rope off a 'Safe Zone' or if there are other groups utilising the area.

#### The Climbing Centre:

Make sure that all participants and instructors are aware of the rules and guidelines.

All instructors are required to work within the remit of their qualification.

Some notes from the guidelines:

- Rock shoes must be worn,
- Instructor to participant ratio is 1:6,
- It is strongly recommended that all climbers (especially under instruction) wear a helmet,
- Top ropes are not to be pulled down or moved (see reverse for top rope/anchor setup),

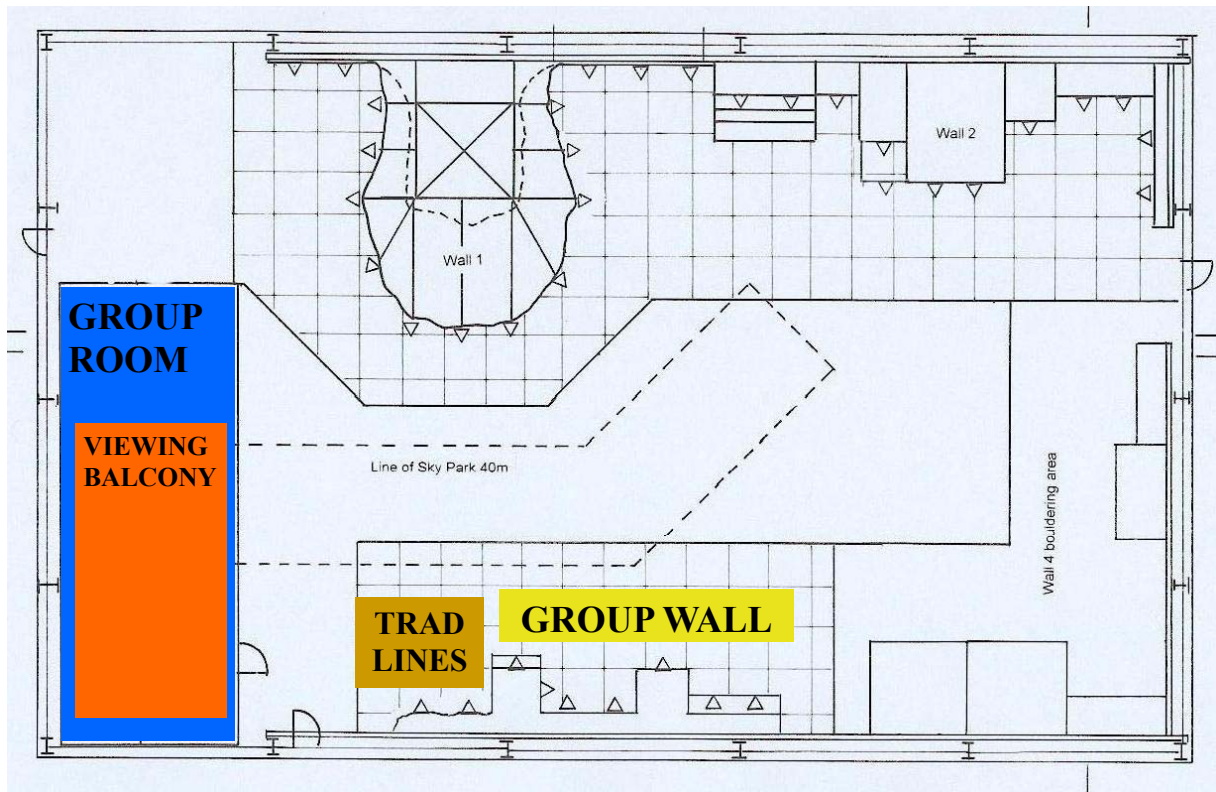
We do not permit private customers to use their own quickdraws unless on lines 35 and 36 (also Trad. gear placement lines). They must also notify a member of staff and we strongly recommend the use of helmets when in the proximity to this.

We permit instructed groups to use their own quickdraws on the Group Wall; Wall 3 (see diagram of wall) but not on the taller walls due to fall areas and dangers to other climbers.

Please notify a member of staff if you wish to use lines 35 and 36 in this manner or use personal quickdraws, or the abseil platform on the instructional wall and we can rope off an area for you if possible.

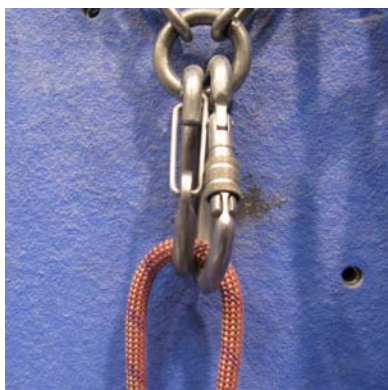
If you require access to the top of the wall and intend to do this yourself without a belayer please utilise a safe method (eg. Gri Gri with a back up). We ask that you do not use cows tails or lanyards for anything other than positioning/static load due to the inherent risks involved.

## Wall diagram and Anchor setup information



### Top rope anchor setup:

Please ensure all top ropes are replaced on the correct line and clipped into both the screwgate and snap gate at the top of the wall. All top roping in the centre is to be done through both krabs at the top of the wall. See the diagram below for illustration.



#### CORRECT

Please make sure the top ropes are set up as displayed above.



#### INCORRECT

Only the snap gate is clipped. This is not suitable for anything other than lowering a lead climber in a view to then pull down that rope.



#### INCORRECT

Only the screwgate is clipped. We would ask that both krabs are clipped.